

## **Gen Z Protest Movement Consolidated Situation Update # 1 10 September 2025**



Nepal Red Cross Society trained staff and volunteers provided first aid services to injured individuals in protest areas across major cities in the country.

**Photo Credit: Nepal Red Cross Society, Bhaktapur District Chapter**

### **Situational Update**

- On 8 and 9 September 2025, large-scale demonstrations, commonly referred to as the Gen Z protests took place across Nepal, predominantly organized by Gen Z students and young citizens<sup>1</sup>. The protests began following a nationwide ban on many popular social media platforms, but had their origin in the public's frustration with the perceived corruption and allegations of mismanagement of public funds. The movement quickly expanded to encompass broader issues of governance, transparency, and political accountability<sup>2</sup>. The protests quickly escalated with violence against public officials and vandalism of government and political buildings taking place throughout the country. On 9 September 2025, Prime Minister of Nepal, along with many other government ministers, resigned in response to the protests.
- Nepal Red Cross Society (NRCS) deployed its trained staff and volunteers for first aid services in the protest areas and scaled up its blood transfusion service across major cities of the country. During the deployment, as the first aid team travelled from Baneshwor to Koteshwor, the NRCS emergency van was hit by unknown stones, resulting in broken front and side windows. Following this incident, the team reported to the NRCS management and returned safely to headquarters. Additionally, the NRCS ambulance in Bhaktapur was blown up. In Chitwan, the NRCS district chapter ambulance was

<sup>1</sup> "Why GenZ has taken over the streets in Nepal". [www.bbc.com](http://www.bbc.com). 9 September 2025. Retrieved 10 September 2025.

<sup>2</sup> "Gen Z protest in Kathmandu against corruption and ban on social media platforms". [kathmandupost.com](http://kathmandupost.com). Retrieved 9 September 2025.

set on fire, injuring the treasurer and a staff while they were en route to assist an injured person during the protest.

- There is also an issue with the NRCS server due to a fire at Kantipur Publication in Thapathali, where the NRCS server is housed within the same building. Fortunately, the service provider has confirmed that the physical servers remain safe; however, damage to the electricity and internet cables has resulted in the server being down. The technical team is currently working to restore services as quickly as possible.

## Nepal Red Cross Society Actions

### First aid and blood transfusion services



**150**

**People received blood**



**294**

**People reached with first aid  
service**

- The NRCS headquarters and district chapters mobilized first aid responders upon recognizing the urgent need for pre-hospital support in protest areas of major cities across the country.
- The NRCS Central Blood Transfusion Service (CBTS) is operating normally. As of 9 September 2025, the NRCS CBTS had a stock of 1,200 units of red blood cells and over 1,500 units of fresh frozen plasma. Blood donors are coming forward voluntarily to donate at the CBTS, which is aiding NRCS in managing the demand for platelet products. Likewise, Bhaktapur, Lalitpur and other major blood transfusion services across the country have maintained adequate reserves. Furthermore, NRCS CBTS received 70 units blood from the Jhapa district.
- NRCS staff and volunteers are working around the clock to meet immediate needs while preparing for potential increases in demand. Additionally, NRCS district chapter presidents have been alerted and are on standby to mobilize further blood collection efforts if needed.
- The NRCS is currently providing all blood components free of cost to those injured in the protest incidents.
- The NRCS mobilized at least 15 ambulances and other four vehicles in different protest areas to for safe and quick transport of people with injury to hospitals/health institution.
- The Red Cross Hotline Number 1130 has been a vital resource during this situation, offering timely information to people in distress. It received over 20 calls, mainly concerning blood donation and availability, ambulance contacts, fire and disaster risks, and utility services. The hotline provided up-to-date details on blood stock levels, guided donors to the Central Blood Transfusion Service and nearby centers, and shared key national emergency contacts.
- NRCS provided mattress and tarpaulins to a prison that was destroyed by a fire, assisting in meeting the immediate needs of the inmates. Additionally, the National Society provided tarpaulins to the Supreme Court to protect important documents.

## **Preparedness and Contingency**

Given the unpredictable and escalating nature of the situation, NRCS health service department has planned following action:

- Mobilization of first aid volunteers in coordination with all district chapters.
- Expansion of ambulance deployment through coordination with all district chapters.
- Ensuring timely blood supply to hospitals by mobilizing hospital liaison officers.
- Maintain strict adherence to Red Cross Fundamental Principles, particularly neutrality and impartiality, while serving those in need.

## **Administration and finance management**

- A mixed working modality has been endorsed at headquarters, allowing those unable to travel to work from home, while staff involved in the first aid team and blood transfusion services, as well as those nearby, will work from the office.
- The finance department has made the necessary arrangements to provide food and water for all deployed volunteers and staff from headquarters.

## **Communication**

- Circulated message to NRCS network about the impartiality and neutrality of Red Cross in delivering service activities, things to remember and guidance to provide first aid and blood service to the injured people.
- Updated NRCS website and social media channels with information about blood and ambulance services. E.g., <https://www.facebook.com/share/19utaUmzti/>
- Appealed all concerned stakeholders to support NRCS in providing humanitarian service such as first aid during the protests through social media and media

## **Coordination and Collaboration**

### **Within NRCS**

- NRCS headquarters circulated a letter to provincial offices and district chapters, encouraging them to expand blood and first aid services and to promote the Red Cross Red Crescent (RCRC) Fundamental Principles more widely while assisting with the protest events.
- NRCS headquarters contacted more than 10 district chapters where there were protests and took situation update and discussed on how to provide quality first aid and blood services

### **Within the RCRC Movement**

- NRCS is in close contact with RCRC Movement in the country and sharing the needful information

### **External**

- NRCS is in regular communication with the Ministry of Health and Population and National Public Health Laboratory, and hospitals for blood services.

## **Challenges**

- NRCS is experiencing challenges in managing Rh-negative blood supplies.
- Security concerns have arisen as NRCS emergency vans used for first aid and ambulances were torched in Bhaktapur, Chitwan, Kathmandu, and Lumbini province. Additionally, NRCS sub-chapters in Lalitpur district were also damaged during the protests.

## Contact information

**For further information, specifically related to this operation please contact:**

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